

# FEBRUARY 12-16, 2015

# PUERTO VALLARTA

# LUXURY YOGA RETREAT



## Playa Fiesta

#1 Rated Luxury Boutique Hotel in Puerto Vallarta

### Thursday, February 12 - Arrival

Reception-Guacamole and Margarita Bar  
Gentle Yoga  
Welcome Dinner-Authentic Mexican BBQ

### Friday, February 13

Breakfast Buffet  
Morning YogaFlow on the Beach  
Lunch on your own  
Pre-dinner YogaFlow Pool Deck  
Dinner (Fajita Fiesta)  
Salsa Dancing Lesson  
Sunset Sun Salutations and Scalp Massage

### Saturday, February 14

Sunrise Sun Salutations and Meditation  
Breakfast Buffet  
Lunch on your own  
PowerFlow Yoga and Meta Meditation on Love and Compassion  
Dinner on your own  
Moonlight Yoga and Drumming Ceremony

### Sunday, February 15

Breakfast Buffet  
Pre-lunch Yoga  
Afternoon Yin Yoga  
Authentic Vallarta Farewell Dinner  
Moonlight Yoga

### Monday, February 16 - Departure

Breakfast  
Depart for the airport

Your retreat includes breakfast, open bar, three dinners, yoga & meditation several times daily, entertainment and luxury ocean front accommodations.

## Ocean View Junior Suite

**\$1349 per person**

based on double occupancy

650 square feet with full ocean view terrace, king sized bed, en suite bathroom, living room

## Two & Three Bedroom Suites

**\$1399 per person**

based on four or six people per suite

1600-2100 square feet with ocean view terrace, two or three king beds, two bathrooms, living room, dining room and kitchen



**Blue Lotus**

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